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Organize Now! Think And Live Clutter Free: A Week-by-Week Action Plan For A Happier, Healthier Life



Synopsis

Find Your Focus! You are bombarded with mental clutter every day--countless distraction, endless options, the perpetual to-do list--and it's holding you back. In this book, organizing expert and best-selling author Jennifer Ford Berry shows you how to quickly cut out the clutter so you can create the home you've always wanted. Shed the meaningless distractions to make room for the things that matter the most to you. Inside you'll find: Easy-to-follow checklists that give you results in just one week. Lists of what to do monthly, seasonally, and annually so you can stay organized. Strategies for making more time for family, friends, and your own well-being. Quick decluttering tips to organize bedrooms, bathrooms, closets and more. Help identifying and honoring your key priorities. Learn how to focus your thoughts, choices, and actions to create the life of your dreams.

Book Information

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Customer Reviews

Love, love, love anything written or spoken by Jennifer Ford Berry. This book is a LIFE CHANGER. It will require actually putting into action the things in the book (that's for me...not judging!). I had the pleasure of meeting Jennifer at a home school convention last summer. Her way to living clutter free is like no other and that says a LOT coming from someone who has hoarded books on organization!! Get this book and let's start living CLUTTER FREE! And to Jennifer Ford Berry....Thanks for your dedication to the "cause"....CAUSE we're buried in our own JUNK.

This is the best book to have when you have no idea where to start to organize your life! It's format is so easy to follow and you can keep track of your progress. The author does an amazing job

guiding the reader and helping us focus on one task at a time so that we actually get organized! Trying to get organized on my own resulted in more chaos because I did not know where to start and became overwhelmed very easily! This book was my saving grace! Worth every penny, and then some! I strongly recommend this book to anyone needing guidance - and it would be a GREAT gift to your friends and loved ones!

Trying to get life in order. After a traumatic family situation I withdrew so deep that I started hoarding and after coming out with years of counseling this book is helping to understand what clutter is doing to my life. I have been buying books about decluttering and ordering other books to get life back and take charge of some order again. This book is very easy to use and follow. Highly recommend it for those who don't know where to begin.

Would recommend to anyone that wants to get serious about clutter and organizing - great read and action plan to start getting busy

Good If You Want To Organize Your Life First And Then Your Closet. Don't Buy If You Want To Organize Your House.

Great book jam-packed with lots of great tips. I really like the idea of a vision board and returning to it often! A+++++

I think this would've been great if I actually stuck with it. I was looking more for physical action items to do things to get organized and the sections where it tells me to write a mission statement and all these other things it lost me. Granted maybe that's what needs to be done in order to become organized it just wasn't for me. Easy to read though and would suggest it to people who don't mind having to do a lot of writing and reflecting.

I ordered this book on 11/1/15 and it only costs \$2. I got it in the mail on 11/24/15 because it didn't qualify for prime shipping, but you can't pass up the price of the book!! What a deal!!! This book was bought for Fosters of Hope, to be used to help others along the path of life. This will make for a good reference book for many people to use and it will be shared with many people.

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